Look for the

A meal includes an entrée, up to two servings of fruit, and choice of milk.

Available Daily:
Assorted Fruit, May Consist of: Raisins, Apples, Oranges, Bananas
Milk: Skim White, Skim Chocolate, Skim Strawberry, 1\% White

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| We work with these that your family know serve the highest qua formulated specifically |  |  | Chocolate Chip Breakfast Bar <br> Banana | Cocoa Puffs Cereal Bar with Goldfish Grahams <br> 100\% Apple Juice |
| Cocoa Puffs Cereal <br> 100\% Grape Juice | French Toast Breakfast Bar <br> Try New Fruit Tuesday! | Chocolate Muffin with Graham Crackers <br> Apple Slices | Apple Frudel <br> Banana | Oatmeal Chocolate Chip Breakfast Round <br> 100\% Apple Juice |
| $\begin{gathered} \text { Trix } \\ \text { Cereal } \\ \\ \\ 100 \% \text { Grape Juice } \end{gathered}$ | Cinnamon Raisin Bagel with Cream Cheese <br> Try New Fruit Tuesday! | Chocolate Muffin with Graham Crackers <br> Apple Slices | Blueberry Breakfast Bread <br> Banana | School Closed ${ }^{16}$ |
| School Closed 19 | Oatmeal Chocolate Chip Breakfast Bar <br> Try New Fruit Tuesday! | Blueberry Muffin 21 with Graham Crackers <br> Apple Slices | $22$ <br> Mini Cinnamon Rolls <br> Banana | Fudge Pop-Tart with Goldfish Graham 100\% Apple Juice |
| Lucky Charms Cereal <br> 100\% Grape Juice | Mini Strawberry Cream Cheese Bagel <br> Try New Fruit Tuesday! | Chocolate Muffin with Graham Crackers <br> Apple Slices | Lemon Breakfast Bread <br> Banana | Don't forget, breakfast is FREE |

[^0]To make a meal, students must select 3 or 4 items.
At least 1 item must be a $1 / 2$ cup of fruit or a $40 z$ fruit juice.
Meals without a fruit, will be charged a la carte pricing.


[^0]:    For nutritional information, visit https://bethpa.nutrislice.com/menul

